NOTTINGHAMSHIRE COUNTY COUNCIL
DAY OPPORTUNITIES FRAMEWORK PROVIDERS REGISTER
JANUARY 2026

Our Our vision is for an inclusive society where mainstream education, leisure and employment is accessible to people who access care and support. Day services benefit adults across Nottinghamshire with a wide range of support needs including learning disabilities, autism, physical disabilities, and mental ill health across the county. Services are delivered directly by the Council and by external providers.

ID	Provider	Location	Name of Centre	Address	Age Group	Type of service provided	Website address	Telephone number	Contact details	Admin email address
1	A Place to Call Our Own (APTCOO)	Bassetlaw	Details to be confirmed.	Rectory Road, Retford, Nottinghamshire, DN22 7AY	18+	APTCOO's specialist services offer people with SEND the chance to explore new opportunities, meet new people and new found talents. APTCOO offer a flexible timetable within a supportive environment, developing communication skills, social integration, confidence and independence.	www.aptcoo.org	01623 629902	Carol Burkitt Samantha Wright	enquiries@aptcoo.org samantha.wright@aptcoo.org
2	Aera Support Community Group (Genesis)	Amber Valley	Aera Support Community Group (Genesis)	Genesis Social Enterprise Centre, 32-46 King Street, Alfreton, DE55 7DQ	18+ including elderly	This group has been running for many years supporting people 18+ with a range of needs, by a committed and dedicated team of experienced staff, many of whom have been supporting at the Genesis Centre for over 15 years. This group offers opportunity for social interaction for those that would otherwise be at risk of isolation. The activities provided enhance daily living skills and encourage person centred participation. All sessions are led by a passionate team that are always open to new ideas for activities and other opportunities and actively encourage input from everyone attending. Onsite Car Park is easily accessible from the venue, all of which is on one level. We have a personal care room with hoist and care facilities for disabled use. Onsite café, Fitness suite and Gym, Sports Hall, Arcade and Bowling Alley providing other opportunities for socialising in addition to the group sessions. Some ideas of current activities: Arts and Crafts Table Top Games Word Games and Puzzles Video Games Accessible IT Karaoke Movie Club Gardening Project Cooking and Food Preparation Music workshop *Swimming *Social Outings *Ten Pin Bowling weekly (Free) *Fitness Class Every Friday *Gym sessions Twice a week	https://aerasupport.co.uk/	01773417601 07472057865	Marianna Rogers	marianna@aerasupport.co.uk
3	Age UK Notts	City	Sybil Levin SPECAL-Informed Specialist Dementia Day Service	The Sybil Levin Centre, 577a Nuthall Road, Cinderhill, Nottingham NG8 6AD	18+	SPECAL-Informed day service for people with dementia. The SPECAL method is based on an innovative way of understanding dementia from the point of view of the person with the condition. This unique, person-centred approach underpins everything we do at the Sybil Levin Day Service	www.ageuknotts.org.uk	0115 8440011 0115 841 4482 07872839568	Di Trinder	sybils@ageuknotts.org.uk
4	Autism East Midlands	Worksop	Whitegates Work and Learn Centre	Dukeries Centre, Worksop	18+	Autistic Spectrum conditions. Dukeries are able to offer access to a wide range of community-based activities whilst providing the appropriate level of support individuals need. Our single-storey centre has spacious rooms and offers a activities including: Creative - arts and crafts, health and beauty care, music and dance Relaxation - music, sensory room Life skills - cookery, gardening, independent living skills Community-based activities - local walks, accessing public transport Sports and hobbies - bowling, cycling, horse riding, swimming. Employment opportunities - our employment team also supports our day service users to reach their employment goals.	https://www.autismeastmidlands.org.uk	01909 509400	Steph Moss	steph.moss@aem.org.uk
5	Autism East Midlands	Nottingham City	Hamilton Day Service	Harby Lodge, 13 Pelham Road, Sherwood Rise, Nottingham NG5 1AP	18+	Autistic Spectrum conditions Hamilton has plenty of space for activities such as art, IT and sensory activities. There is also a garden area for barbeques in the summer months. The service is open between 8am and 8.45pm, seven days a week, year-round, excluding bank holidays. Activities are tailored to each person's needs and interests. They include: Work skills – including administration, IT and literacy Creative – arts and craft, music and dance, and pottery Relaxation – music and sensory room Life skills – cookery, healthy living, independent living skills, personal development and gardening Community-based activities – visiting cafes, restaurants, country parks, and coast and using public transport Sport and hobbies – bowling, games, gardening, gym visits, horticulture, keep fit, photography, rambling, snooker, pool, and swimming. Employment - Our employment team also supports our day service users to reach their employment goals.		0115 962970	Imran Basheer	Imran.basheer@aem.org.uk
6	Autism East Midlands	Heanor	Mundy Street Day Service	Mundy Street. Heanor, Derbyshire, DE757EB	18+	Autistic Spectrum conditions Mundy one-storey building offers a calm and spacious environment. It has special features, including light filters, a sensory garden, and designated rooms for each activity. Activities include creative sessions ad arts and crafts, life skills such as cookery and gardening and community-based activities such as local walks and accessing public transport, bowling or swimming. Our employment team also supports our day service users to reach their employment goals.		01773 765949	Jenni Clarke	jenni.Clarke-ward@aem.org.uk
7	Autism East Midlands	Mansfield	Sherwood Centre	Hallam WAY, Old Mill Lane Industrial Estate, Mansfield Woodhouse Nottinghamshire NG19 9BG	18+	Autistic Spectrum conditions - a spacious woodwork room and we also have our own gardens and greenhouse where we grow fruit and vegetables and we have a large kitchen area to enable people to have a go at baking and cooking. Our employment team also supports our day service users to reach their employment goals and provide support by creating CVs, cover letters and by finding work placed experience with employers.		01623 541403	Joe Brown	joseph.brown@aem.org.uk
8	Axis Care Group Ltd	Nottingham City	Caring in the community	Mansfield Rd, Nottingham NG5 3FN	16+	Axis Care is committed to implementing the new vision defined in the day opportunities strategy, focusing on enhancing social inclusion, independence, health and wellbeing, and providing employment support for our Service Users. Axis Care believes that social inclusion is fundamental to improving quality of life. Dancing/gym sessions Cinema outings Pet therapy - dogs/walking. Games/balloon sessions		07447441268	Dr Ogunna O	ogunna@axishealthgroup.co.uk care@axishealthgroup.co.uk
9	EMH Care and Support Limited	Tibshelf	5 Senses	85 High Street, Tibshelf. DE55 5NU	18+	Disabilities, community volunteering, sports and leisure, arts, crafts, music, outings, swimming, cooking baking, planning and hosting events.	www.emhcareandsupport.org.uk/day-services/	01246 599969 07971 611622	Laura Newton Ian Topritz	Laura.Newton@emh.co.uk Ian.Topritz@emh.co.uk
10	Headway (Nottingham) Ltd	City	Headway Nottingham	190 Bagnall Road, Old Basford, Nottingham, Nottinghamshire, NG6 8SF	18+	Brain-injury disabilities. We provide long term health & social rehabilitation, help & advice, respite, guidance & support to individual's, carer's and families who have been affected by brain injury across Nottingham & Nottinghamshire.	www.headwaynottingham.org.uk	0115 9679669	Charlotte Leask	sayhello@headwaynottingham.org.uk
11	Hucknall Hope Lea Project	Ashfield	Hope Lea Day Services	150 Watnall Road, Hucknall, Nottingham, NG15 7NH	18+	Learning Disabilities, nursing or personal care. Planning, shopping and cooking of meals, outings, socialisation.	https://www.facebook.com/people/Hucknall-Hope-Lea-Project/100068006352686	01159530825	Sharon Saxton Jan Lees	office@hopelea.co.uk0115 9530825
12	Lifeline Support Service	Bassetlaw	Community Day Centre - Carlton	The Parish Centre, Church Lane, Carlton in Lindrick, Worksop, S81 9EH	65+, Any person with a Dementia diagnosis 18+	A nurse led service for older adults and people with dementia. Every service user received an initial assessment by the registered nurse to ascertain needs, likes, dislikes, preferences. We have a dedicated activities coordinator and offer tailored activities including arts and crafts, music, seated exercises, cooking and baking activities, games. Carers are free if they wish to attend with their loved one (meals are £7 per two course meal if required). Carers are not required to stay for the session. We have visiting services such as chiropody (additional charges), PAT dog, music. We are CQC registered and offer support with toileting.	www.lifelinesupport.co.uk	07704 035757	Lesley White	lesley.white@lifelinesupport.co.uk contact@lifelinesupport.co.uk
13	Motivations Eevery Sensation Ltd	Ashfield	Motivations	Birchwood Grange, Kings Mill Road West, Sutton-in-Ashfield, Mansfield, Notts NG17 1JS	18+	Every Sensation has been developed to provide specialised daycare facilities for adults who have complex health needs, physical disabilities and those with a learning disability. Our clients include those with severe physical disability needs such as Oral Suction, Jejunostomy Tubes, Gastrostomy or Naso Gastric Tubes, Hydrocephalus, Blind Loop Syndrome, Epilepsy, Spina Bifida, Severe Vision Impairments, numerous genetic conditions affecting health as they age such as Sanfilippo Syndrome, Hallervorden Spatz Disease and Rett Syndrome to name afew. We provide individuals with social interaction, independence, self realisation, health & wellbeing and above all enjoyment & fun. Our facilities are available to clients on a package basis to meet all their requirements and needs taking into account all abilities.Alternatively our facilities are also available to those wishing to access single, joint or one off sessions for one or more of our facilities which includes Hydro.	https://everysensation.co.uk/	1623557560	Louise Harrison	info@everysensation.co.uk
14	My Homecare Nottingham (AOC Homecare)	Ashfield	Diamond Centre	Diamond Centre, Diamond Ave, Kirkby in Ashfield NG17 7GQ	18+	Dementia care, physical disabilities, mental health provision. In home care, live-in care, outreach and supported living. Personal care, domestic help, socialisation, transportation, meals.	My Homecare Nottingham - Our care team local to you, can help you or your loved one live comfortably and safely at home. (business.site)	01623 232880 07840 550 697	Hamna Raja	hamna@myhomecare.co.uk

15	Nottingham City Council Adults Provision	City	Acorn Day Resource Centre	Mary Potter Centre, Gregory Boulevard, Nottingham NG7 5HY	18+	We proudly support adults aged 18 and over with physical and sensory disabilities, providing a safe, nurturing environment where our Citizens can lead healthy, active, and independent lives. Physical and learning disabilities, mental health including dementia care for older people. Person-centred Support, varied program of activities (creative arts, music, garden, exercise), health and wellbeing, social interaction, personal care.	https://www.nottinghamcity.gov.uk/information-for-residents/health-and-social-care/adult-social-care/residential-and-day-care-services/day-services/the-acorn-resource-centre/	0115 883 8070	Karen Smith Karen.Smith@nottinghamcity.gov.uk	acorn@nottinghamcity.gov.uk
16	Nottingham City Council Adults Provision	City	Martin Jackaman Day Centre	62 Robinswood Road, Aspley, Nottingham NG8 3LD	18+	Martin Jackaman Centre specialises in providing Day support for citizens with physical, sensory, and learning disabilities, helping them lead healthy, active, and independent lives. Physical and learning disabilities, mental health including dementia care for older people. Hydrotherapy, Sensory Integration, Arts and Crafts, sports and leisure, trampoline, horticulture, swimming, trips to points of interest, life skills and for preparation, card making, music, work experience, advocacy.	https://www.nottinghamcity.gov.uk/information-for-residents/health-and-social-care/adult-social-care/residential-and-day-care-services/day-services/martin-jackaman-centre/	0115 8761030		martinjackaman@nottinghamcity.gov.uk
17	Nottingham City Council Adults Provision	City	Martin Jackaman Day Centre	Meadows Way, The Meadows, Nottingham NG2 3DZ	18+	Spring Meadow Day Centre is dedicated to supporting adults aged 18 and over with moderate, severe, and profound learning disabilities. Physical and learning disabilities, mental health including dementia care for older people. Art and craft, grow and eat, gardening, community outings, performing arts, health and wellbeing sessions.	https://www.nottinghamcity.gov.uk/information-for-residents/health-and-social-care/adult-social-care/residential-and-day-care-services/day-services/spring-meadow/	0115 9869205		Springmeadow@nottinghamcity.gov.uk
18	Nottingham City Council Adults Provision	City	Albany House Day Centre	Orby Close, St Anns, Nottingham NG3 2FP	50+	Albany House is a dedicated day service that provides comprehensive support and care for individuals over the age of 50. We specialise in assisting those with physical and sensory impairments, mental health challenges, learning disabilities, and those in need of specialist dementia support. Our modern facility is designed to offer a safe, comfortable, and stimulating environment where our participants can thrive.	https://www.nottinghamcity.gov.uk/information-for-residents/health-and-social-care/adult-social-care/residential-and-day-care-services/day-services/albany-house-day-service/	0115 915 2471		albany@nottinghamcity.gov.uk
19	Nottingham City Council Adults Provision	City	Willows Day Centre	Ambergate Road, Beechdale, Nottingham NG8 3GD	50+	The Willows Day Service caters to individuals over the age of 50. Physical and learning disabilities, mental health including dementia care for older people. Our compassionate team is trained to meet the unique needs of older adults, including those with physical and sensory disabilities. We provide tailored care that helps each participant live as independently as possible while ensuring their well-being. Arts and crafts, music, and gardening to exercise classes and community outings, social interaction, cultural and spiritual support.	https://www.nottinghamcity.gov.uk/information-for-residents/health-and-social-care/adult-social-care/residential-and-day-care-services/day-services/the-willows-day-service/	0115 9153993		thewillows@nottinghamcity.gov.uk
20	Nottingham City Council Adults Provision	City	Marcus Garvey Day Centre	Lenton Boulevard, Lenton, Nottingham NG7 2BY	African and Caribbean Descent	The Marcus Day centre primarily caters for the needs of Older African of older African and Caribbean citizen with Dementia, Physical, sensory Or mental health disabilities. Transport, personal care, representative groups	https://mgcentre.org.uk/marcus-garvey-day-centre/#	0115 9792906		info@mgcentre.org.uk
21	Nottingham City Council Adults Provision	City	Indian Community Centre	99 Hucknall Road, Carrington, Nottingham, NG5 1QZ	Indian Descent	The centre provides services to those who may have dementia, physical or sensory disabilities or have mental health needs or are socially isolated or have other health issues. The Centre provides an environment where older people can receive help and support and develop friendships. Games, Sing-along, bingo, exercise, consultation meetings, outings, culturally sensitive care, meals and refreshments, transportation, fees and financial assistance.	https://www.theicca.co.uk/	0115 9693402		enquiries@theicca.co.uk
22	Nottingham City Council Adults Provision	City	Pakistan Centre	163 Woodborough Road, St Anns, Nottingham NG3 AX	Pakistani/Muslim Descent	Operating in partnership with the Pakistan Centre, we provide services primarily to members from the Pakistani/Muslim Community who may be suffering from physical or sensory disabilities, have mental health needs, are socially isolated, or have other health issues. Shopping trips, exercise, quizzes and activities, religious sessions, ablution facility, prayer facility, wudu area, culturally sensitive care, meals and refreshments, transportation, fees and financial assistance.	http://www.pakistancentre.org.uk/index.html	0115 9582973		pakistancentre@nottinghamcity.gov.uk
23	Nottingham Mencap	City Rushcliffe	Clarence House	1a - 3 Clarence Street, Sneinton, Nottingham NG3 2ET	18+	Each day in the week is an opportunity to learn, make friends, express yourself, and get active here at Nottingham Mencap. We are open from 09:30 - 15:00 Monday to Friday for adults living in Nottingham and Nottinghamshire. We can provide 1-2-1 support if needed too depending on need. We are proud of what we do here and have trained learning disability tutors delivering sessions which are varied, educational, and fun. Not only that, we try and push boundaries to allow the people we support to reach their potential. Activities range from arts and crafts, story telling, drama, independent life skills such as cooking, IT training, history and training (online safety, how to report hate crime etc). We have also recently started a swim and gym session in the community and sports activities too. We deliver our day time provision from two locations; Harpenden House in Sherwood and St. Wilford's Church Hall in Wilford, Rushcliffe. We are currently developing services in Wilford, as this is a new venture, but have a timetable for Harpenden House below. If you want to read more about our new service in Wilford there is a button below. Take a look!	https://www.nottinghammencap.org.uk	0115 920 9524	Susan Vogel	info@n-mencap.org
24	Nottingham Mencap	Nottingham City	Wilford Service	Wilford Church Hall, St Wilfrid's Church Drive, off Main Road, Wilford, Nottingham NG11 7AJ	18+	Each day in the week is an opportunity to learn, make friends, express yourself, and get active here at Nottingham Mencap. We are open from 09:30 - 15:00 Monday to Friday for adults living in Nottingham and Nottinghamshire. We can provide 1-2-1 support if needed too depending on need. We are proud of what we do here and have trained learning disability tutors delivering sessions which are varied, educational, and fun. Not only that, we try and push boundaries to allow the people we support to reach their potential. Activities range from arts and crafts, story telling, drama, independent life skills such as cooking, IT training, history and training (online safety, how to report hate crime etc). We have also recently started a swim and gym session in the community and sports activities too. We deliver our day time provision from two locations; Harpenden House in Sherwood and St. Wilford's Church Hall in Wilford, Rushcliffe. We are currently developing services in Wilford, as this is a new venture, but have a timetable for Harpenden House below. If you want to read more about our new service in Wilford there is a button below. Take a look!	https://www.nottinghammencap.org.uk/adults	0115 920 9524	Susan Vogel	info@n-mencap.org
25	Nottinghamshire County Council	Bassetlaw	Bassetlaw Day Service (Worksop)	Albion Close, Worksop, Notts, S80 1RA	18+	Bassetlaw Community Hub – Nottinghamshire County Council's Bassetlaw Day Opportunity provides a variety of opportunities for people to achieve their personalised goals for maintaining and improving independence whilst doing things they enjoy and also provide a break for carers. We recognise that people require different types of support and some more support than others depending on their strengths and interests. Our friendly and skilled teams are experienced at working with adults with a range of disabilities and provide support to older people, those with physical disabilities, learning disabilities, autism, dementia and mental health support needs. Our teams are trained in person centred care delivery including a variety of activities that support wellbeing, eating and drinking and personal care. We use person-centred approaches to ensure people are involved in making decisions about what they do and how they take part in what is on offer. The building is equipped with a range of resources and furnished to create a safe, stimulating and inclusive environment with facilities tailored to meet diverse needs. Facilities include for example, sensory rooms, accessible kitchens, areas where people are supported with conversational socialising and quieter spaces. Plus, a great range of activity zones for arts, crafts, exercises including the very popular boccia, choirs and music therapy, there is a health and wellbeing room for support with hair and nail care and lovely outside gardens with green houses. We have an accessible dining area where we sell hot meals which cater for individual dietary needs, and we have coffee bar where drinks and a variety of snacks can be bought. We are a part of the local community, and we support people to enjoy and contribute to it. We also work in partnership with a number of local organisations such as colleges and local sports and leisure clubs to enhance people's experiences of their day opportunity. We work closely with Nottinghamshire County Council's social care teams who can help arrange a taster session or visit where people can have a look round and see what's on offer.	https://www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/service.page?id=y0s5AyZqtUM	01909 476499	Naomi Reynolds	naomi.reynolds@nottscc.gov.uk
26	Nottinghamshire County Council	Bassetlaw	Bassetlaw Day Service (Library)	Memorial Avenue, Worksop, Notts, S80 2BP	18+	Nottinghamshire County Council Promoting Independence Day Opportunity hubs are being located at Worksop library and Bingham where people can be offered short term reablement and enabling independence support related opportunities.	https://www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/service.page?id=y0s5AyZqtUM	01909 476499	Naomi Reynolds	naomi.reynolds@nottscc.gov.uk
27	Nottinghamshire County Council	Newark	Newark Day Services	London Road, New Balderton, Newark, NG24 3AL	18+	Newark Community Hub – Nottinghamshire County Council's Day Opportunity provides a variety of opportunities for people to achieve their personalised goals for maintaining and improving independence whilst doing things they enjoy and also provide a break for carers. We recognise that people require different types of support and some more support than others depending on their strengths and interests. Our friendly and skilled teams are experienced at working with adults with a range of disabilities and provide support to older people, those with physical disabilities, learning disabilities, autism, dementia and mental health support needs. Our teams are trained in person centred care delivery including a variety of activities that support wellbeing, eating and drinking and personal care. We use person-centred approaches to ensure people are involved in making decisions about what they do and how they take part in what is on offer. The building is equipped with a range of resources and furnished to create a safe, stimulating and inclusive environment with facilities tailored to meet diverse needs. Facilities include for example, sensory rooms, accessible kitchens, areas where people are supported with conversational socialising and quieter spaces. Plus, a great range of activity zones for arts, crafts, exercises including the very popular boccia, choirs and music therapy, there is a health and wellbeing room for support with hair and nail care and lovely outside gardens with green houses. We have an accessible dining area where we sell hot meals which cater for individual dietary needs, and we have coffee bar where drinks and a variety of snacks can be bought. We are a part of the local community, and we support people to enjoy and contribute to it. We also work in partnership with a number of local organisations such as colleges and local sports and leisure clubs to enhance people's experiences of their day opportunity. We work closely with Nottinghamshire County Council's social care teams who can help arrange a taster session or visit where people can have a look round and see what's on offer.	https://www.nottinghamshire.gov.uk/care/adult-social-care/getting-out-and-about/day-opportunities	01636 529600	Julie Carby	julie.carby@nottscc.gov.uk

28	Nottinghamshire County Council	Ashfield	Ashfield Day Service	Sheepwash Lane, Sutton, Notts, NG17 5GG	18+	Ashfield Community Hub – Nottinghamshire County Council's Day Opportunity provides a variety of opportunities for people to achieve their personalised goals for maintaining and improving independence whilst doing things they enjoy and also provide a break for carers. We recognise that people require different types of support and some more support than others depending on their strengths and interests. Our friendly and skilled teams are experienced at working with adults with a range of disabilities and provide support to older people, those with physical disabilities, learning disabilities, autism and mental health support needs. Our teams are trained in person centred care delivery including a variety of activities that support wellbeing, eating and drinking and personal care. We use person-centred approaches to ensure people are involved in making decisions about what they do and how they take part in what is on offer. The building is equipped with a range of resources and furnished to create a safe, stimulating and inclusive environment with facilities tailored to meet diverse needs. Facilities include for example, sensory rooms, accessible kitchens, areas where people are supported with conversational socialising and quieter spaces. Plus, a great range of activity zones for arts, crafts, exercises including the very popular boccia, choirs and music therapy, there is a health and wellbeing room for support with hair and nail care and lovely outside gardens with green houses. We have an accessible dining area where we sell hot meals which cater for individual dietary needs, and we have coffee bar where drinks and a variety of snacks can be bought. We are a part of the local community, and we support people to enjoy and contribute to it. We also work in partnership with a number of local organisations such as colleges and local sports and leisure clubs to enhance people's experiences of their day opportunity. We work closely with Nottinghamshire County Council's social care teams who can help arrange a taster session or visit where people can have a look round and see what's on offer.	https://www.nottinghamshire.gov.uk/care/adult-social-care/getting-out-and-about/day-opportunities	01623 550376	Julie Carby	julie.carby@nottscc.gov.uk
29	Nottinghamshire County Council	Broxtowe	Broxtowe Day Service	Sunnyside Road, Chilwell, NG9 4FR	18+	Broxtowe Community Hub – Nottinghamshire County Council's Day Opportunity provides a variety of opportunities for people to achieve their personalised goals for maintaining and improving independence whilst doing things they enjoy and also provide a break for carers. We recognise that people require different types of support and some more support than others depending on their strengths and interests. Our friendly and skilled teams are experienced at working with adults with a range of disabilities and provide support to older people, those with physical disabilities, learning disabilities, autism, dementia and mental health support needs. Our teams are trained in person centred care delivery including a variety of activities that support wellbeing, eating and drinking and personal care. We use person-centred approaches to ensure people are involved in making decisions about what they do and how they take part in what is on offer. The building is equipped with a range of resources and furnished to create a safe, stimulating and inclusive environment with facilities tailored to meet diverse needs. Facilities include for example, sensory rooms, accessible kitchens, areas where people are supported with conversational socialising and quieter spaces. Plus, a great range of activity zones for arts, crafts, exercises including the very popular boccia, choirs and music therapy, there is a health and wellbeing room for support with hair and nail care and lovely outside gardens with green houses. We have an accessible dining area where we sell hot meals which cater for individual dietary needs, and we have coffee bar where drinks and a variety of snacks can be bought. We are a part of the local community, and we support people to enjoy and contribute to it. We also work in partnership with a number of local organisations such as colleges and local sports and leisure clubs to enhance people's experiences of their day opportunity. We work closely with Nottinghamshire County Council's social care teams who can help arrange a taster session or visit where people can have a look round and see what's on offer.	https://www.nottinghamshire.gov.uk/care/adult-social-care/getting-out-and-about/day-opportunities	0115 925 0172	Elaine Bagguley	elaine.bagguley@nottscc.gov.uk
30	Nottinghamshire County Council	Gedling	Gedling Day Service, Arnold	Howbeck Road, Arnold, NG5 8AA	18+	Nottinghamshire County Council's Gedling Day Opportunity Hub will be developed for people whose autism means they need more specialist autism day opportunity support. It currently offers a variety of opportunities for people to achieve their personalised goals for maintaining independence whilst doing things they enjoy and also provide a break for carers. We recognise that people require different types of support and some more support than others depending on their strengths and interests. Our friendly and skilled teams are experienced at working with adults with a range of disabilities and provide support to older people, those with physical disabilities, learning disabilities, autism, dementia and mental health support needs. Our teams are trained in person centred care delivery including a variety of activities that support wellbeing, eating and drinking and personal care. We use person-centred approaches to ensure people are involved in making decisions about what they do and how they take part in what is on offer. The building is equipped with a range of resources and furnished to create a safe, stimulating and inclusive environment with facilities tailored to meet diverse needs. Facilities include for example, sensory rooms, accessible kitchens, areas where people are supported with conversational socialising and quieter spaces. Plus, a great range of activity zones for arts, crafts, exercises including the very popular boccia, choirs and music therapy, there is a health and wellbeing room for support with hair and nail care and lovely outside gardens with green houses. We have an accessible dining area where we sell hot meals which cater for individual dietary needs, and we have coffee bar where drinks and a variety of snacks can be bought. We are a part of the local community, and we support people to enjoy and contribute to it. We also work in partnership with a number of local organisations such as colleges and local sports and leisure clubs to enhance people's experiences of their day opportunity. We work closely with Nottinghamshire County Council's social care teams who can help arrange a taster session or visit where people can have a look round and see what's on offer.	https://www.nottinghamshire.gov.uk/care/adult-social-care/getting-out-and-about/day-opportunities	0115 967 4805	Elaine Bagguley	elaine.bagguley@nottscc.gov.uk
31	Nottinghamshire County Council	Ollerton	Ollerton Sherwood DS	Main Road, Boughton, Newark, NG22 9JJ	18+	Nottinghamshire County Council's Ollerton Day Opportunity Hub is being developed for people whose dementia means they need more specialist dementia day opportunity support. It currently offers a variety of opportunities for people to achieve their personalised goals for maintaining independence whilst doing things they enjoy and also provide a break for carers. We recognise that people require different types of support and some more support than others depending on their strengths and interests. Our friendly and skilled teams are experienced at working with adults with a range of disabilities and provide support to older people, those with physical disabilities, learning disabilities, autism, dementia and mental health support needs. Our teams are trained in person centred care delivery including a variety of activities that support wellbeing, eating and drinking and personal care. We use person-centred approaches to ensure people are involved in making decisions about what they do and how they take part in what is on offer. The building is equipped with a range of resources and furnished to create a safe, stimulating and inclusive environment with facilities tailored to meet diverse needs. Facilities include for example, sensory rooms, accessible kitchens, areas where people are supported with conversational socialising and quieter spaces. Plus, a great range of activity zones for arts, crafts, exercises including the very popular boccia, choirs and music therapy, there is a health and wellbeing room for support with hair and nail care and lovely outside gardens with green houses. We have an accessible dining area where we sell hot meals which cater for individual dietary needs, and we have coffee bar where drinks and a variety of snacks can be bought. We are a part of the local community, and we support people to enjoy and contribute to it. We also work in partnership with a number of local organisations such as colleges and local sports and leisure clubs to enhance people's experiences of their day opportunity. We work closely with Nottinghamshire County Council's social care teams who can help arrange a taster session or visit where people can have a look round and see what's on offer.	https://www.nottinghamshire.gov.uk/care/adult-social-care/getting-out-and-about/day-opportunities	01623 835186	Naomi Reynolds	naomi.reynolds@nottscc.gov.uk
32	Nottinghamshire County Council	Bingham	Rushcliffe DS (Bingham)	Moor Lane, Bingham, NG13 8AS	18+	Nottinghamshire County Council Promoting Independence Day Opportunity hubs are being located at Worksop library and Bingham where people can be offered short term reablement and enabling independence support related opportunities.	https://www.nottinghamshire.gov.uk/care/adult-social-care/getting-out-and-about/day-opportunities	01949 836652	Elaine Bagguley	elaine.bagguley@nottscc.gov.uk
33	Nottinghamshire County Council	Brooke Farm	Brooke Farm	Main Street, Linby, Nottingham, NG15 8AE	18+	Brooke Farm Employment and Skills Hub offers opportunities for people with learning disabilities and autism who want to achieve paid work. Depending on the individual they will be part of the Hub for anywhere from twelve weeks up to three years. At Brooke Farm people are helped to gain the skills and confidence that can lead into sustainable paid employment and a more independent future. There are a range of practical opportunities in different real life working environments, including horticulture in the greenhouses and outdoor areas and retail and customer service in the café, farm shop, and garden centre. As well as the opportunity to learn skills through the employability programme, which includes all aspects of the job application process such as writing a CV, job readiness, and preparing for interviews.	Brooke Farm - Employment Trai	0115 9632638	Brad Jones	bradley.jones@nottscc.gov.uk brookefarm@nottscc.gov.uk
34	Onwards & Upwards OnUp	Sandiacre	OnUp	Scientific House, Bridge Street, Sandiacre, NG10 5BA	18+	OnUp offers a wide range of opportunities to aid essential learning, life skills, social skills, work skills and healthy living choices along with contributing to the community. A range of activities and opportunities to develop confidence, employment opportunities, social enterprise and individual progression for all our members working alongside parents, carers and community groups. Activities include: •Make & sell/ Enterprise •Arts & crafts •Shopping •Lunch preparation •Men's and Ladies groups •Indoor gardening •Baking •Relaxation and yoga •Arcade & bar games •Life skills Challenge •Personal care/salon •Everyday/embedded activities/skills development •Work experience General / Small group 1 staff to 5 individuals with additional support requirements. (Basic Package). General/ with 1 to1 hours for emotional behaviours, personal care, medication, supported eating and drinking (Bolt-On Package). 1 to1 for individuals with higher support requirements (Enhanced Package)	https://www.facebook.com/OnUp.org?comment_id=Y29tbWVudDoxOTQ1ODk5MTU1NTM3NTcwXzE5NDYzNTM0NTIxNTg4MDc%3D	Office / General phone:07506013127 07527 572429	Sheena Cormack	sheenaonup@gmail.com
35	Open Door 1	Ashfield Mansfield Newark Sherwood	Harwood Court Community Centre	Skegby Road Sutton in Ashfield Nottinghamshire NG17 4PD	18+	Dementia services (early stage memory loss). We aim to reduce stress and the sense of social isolation by raising awareness of dementia within the community. We offer our group members opportunities to take part in social activities as well as being included in the decision-making process of how we develop as a service. This is achieved by providing social events and activities to encourage carers and family members to participate in our carers/self-help groups. We accept persons of working age as well as older persons.	www.opendoor1.co.uk	01623 405199 07722520765	Maxine Huskinson	info@opendoor1.co.uk

36	Portland College Day Service	Mansfield	Limes Day Centre	Portland College, Nottingham Road, Mansfield, Notts, NG18 4TJ	16+	The Day Service is available to individuals 16+ with a range of support needs, including physical disabilities, learning disabilities and Autism. Each citizen follows their own unique timetable and works towards independent goals while accessing the service. A full range of meaningful activities are provided throughout the week enabling citizens to develop skills in those particular areas. There may also be an opportunity to complete a National Citizen Service programme onsite at Portland. Activities include: Cooking and baking Music, singing and dance Arts and crafts Gardening Team sports and games Sensory focussed sessions Personal development sessions	www.portland.ac.uk	01623 499111 ext. 291	Matthew Gallagher Kerri Cutts	matthewgallagher@portland.ac.uk
37	Portland College Day Service	Mansfield	Kingsway Hall	Clipstone Road West, Forest Town, Mansfield, Notts, NG19 ODU	16+	The Day Service is available to individuals 16+ with a range of support needs, including physical disabilities, learning disabilities and Autism. Each citizen follows their own unique timetable and works towards independent goals while accessing the service. A full range of meaningful activities are provided throughout the week enabling citizens to develop skills in those particular areas. There may also be an opportunity to complete a National Citizen Service programme onsite at Portland. Activities include: Cooking and baking Music, singing and dance Arts and crafts Gardening Team sports and games Sensory focussed sessions Personal development sessions	www.portland.ac.uk	01623 499111 ext. 291	Matthew Gallagher Kerri Cutts	matthewgallagher@portland.ac.uk
38	Portland College Day Service	Mansfield	The Centre at St Peters	55 Sheepwalk Lane, Ravenshead, Notts, NG15 9FD	16+	The Day Service is available to individuals 16+ with a range of support needs, including physical disabilities, learning disabilities and Autism. Each citizen follows their own unique timetable and works towards independent goals while accessing the service. A full range of meaningful activities are provided throughout the week enabling citizens to develop skills in those particular areas. There may also be an opportunity to complete a National Citizen Service programme onsite at Portland. Activities include: Cooking and baking Music, singing and dance Arts and crafts Gardening Team sports and games Sensory focussed sessions Personal development sessions	www.portland.ac.uk	01623 499111 ext. 291	Matthew Gallagher Kerri Cutts	matthewgallagher@portland.ac.uk
39	Reach	Newark Southwell Mansfield	Reach Newark	Hawtonville Community Centre, St Mary's Gardens, Newark. NG24 4JQ	18+	At Reach Newark we offer a range of courses and activities that provide people with learning disabilities the chance to learn, have fun and live well. The Reach Newark centre is welcoming, busy and lively – buzzing with creativity and activity throughout the week. We take the time to work closely with clients and their carers to find new ways of doing things that help people build the life they want. At Reach Newark we offer: cookery courses drama, music & singing sessions arts and crafts activities sports & fitness moving forward boccia bowling and much more… All courses and activities are delivered by qualified and experienced tutors and project workers.	www.reachuk.org	01636 671939	Chantelle Welsher	Vickie.Ward@reachuk.org chantelle.welsher@reachuk.org
40	Reach	Southwell	Reach Southwell	Prebend Passage,Southwell, Notts. NG25 0JH	18+	each Southwell is very much part of the local community. Situated in the very centre of the town, we are able to offer clients lots of opportunities and activities. Coming along to Reach Southwell gives the chance to get involved in local life and to feel connected to their community in an easy-to-access location. As this is also our headquarters, we are firmly plugged in to Southwell life and that means that we can support our clients to get involved in community events like Bramley Apple Day. Examples of courses we've run at Reach Southwell include: Cooking Fitness Art Boccia In, Out & About Group Weekly massage (by appointment only) We can also offer supported volunteering opportunities for clients who are preparing for their next steps towards independence and active citizenship.	www.reachuk.org	01636 819066	Helen Davenport	Helen.Davenport@reachuk.org chantelle.welsher@reachuk.org
41	Reach	Mansfield	Reach Mansfield	St John's Centre, St John's Street, Mansfield. Notts NG18 1QH	18+	Reach Mansfield offers clients a variety of fun, challenging and stimulating activities that build confidence and encourage a healthier lifestyle. Based at the St. John's Centre close to the middle of town, our five-day service offers an exciting learning programme. Current weekly courses include: cookery classes singing boccia computing courses performing arts craft out and about programmes designed to promote fitness and support healthier choices	www.reachuk.org	01623 232748	Maria Williams	Maria.Williams@reachuk.org
42	Reach	Newark	Flower Pod Southwell	Home Farm, Brackenhurst Lane. Southwell. NG25 0QL	18+	Flower Pod is a garden full of flowers, surrounded by farmland on the edge of Nottingham Trent University's Brackenhurst campus. Focused on community, creativity and sustainability, it provides learning within 1.5 acres of green space. Helping people with learning disabilities connect with both nature and their local community is at the heart of everything we do. Clients enjoy gardening, wildlife, crafts, floristry, and other transferable skills that help people gain in confidence and to develop towards living more independently. Flower Pod also is a place to relax, build new friendships and get some exercise in the fresh air, helping to promote positive emotional and physical wellbeing. We welcome supporters who want to work with our clients or help in the garden.	www.reachuk.org	01636 918271	Nicola Bradley	Vickie.Ward@reachuk.org or Nicola.Bradley@reachuk.org chantelle.welsher@reachuk.org
43	Reach	Newark	Flower Pod Newark	Hawtonville Community Centre, St Mary's Gardens, Newark. NG24 4JQ	18+	Flower Pod Newark is sited on approximately two acres of land in Hawtonville near Newark. We took over the management of this beautiful community garden in 2020. The garden includes two ponds, polytunnels, a small orchard, vegetable and flower beds, fruit bushes and other interesting features. The site offers an accessible space where people with learning disabilities can take part in gardening-related learning and social activities, make new friends, enjoy outdoor activity and learn new skills as well as have opportunity for supported volunteering and mentoring.	www.reachuk.org	01636 233163	Samantha Dakin	samantha.dakin@reachuk.org
44	Recycling Ollerton and Boughton	Mansfield Newark Worksop, Ollerton Retford	Recycling Ollerton and Boughton	183-184 Boughton Industrial Estate, Boughton, Newark, NG22 9LD	18+	Learning Disabilities. We offer supported work-based training placements primarily with recycling as the core activity.	www.recyclingollerton.co.uk	01623 863955	Neil Pike	neil@recyclingollerton.co.uk lynn@recyclingollerton.co.uk
45	Royal Mencap Society	Rushcliffe	The Portland Centre (Main Hub)	Muskham st, Nottingham NG2 2HE	18+	Nottingham Me Time offers community based day opportunities, empowering local people with learning disabilities to access events, activities and facilities in their local community. The Community hub, based at the Portland Leisure Centre offers a range of opportunities Mon to Friday either at this hub or in a range of community settings. What is on offer depends on peoples interests, hobbies and strengths, examples of the current opportunities are: a variety of sports for fitness and wellbeing, gardening at our community garden, cooking and serving at our Bingham and Cricketers Court community café, drama and music groups like our community choir, arts and crafts, vocational courses delivered by our partner Inspire and fundraising events like sponsored walks and cycling events. We work closely with people we support to understand what they want to do, developing events and activities that reflect this.	www.theportlandcentre.co.uk	01158599968	Kay Dutton Charlotte Baker	Kay.Dutton@mencap.org.uk baker.charlotte@mencap.org.uk Gail.Maclachlan-Gray@mencap.org.uk
46	Royal Mencap Society	Rushcliffe	Bingham Café project (Café)	Chestnut Avenue, Bingham Ng13 8AU	18+	We're passionate about changing the UK for everyone with a learning disability. We're here to support people with a learning disability, their families and their carers. We fight for a kinder, fairer and more inclusive society for people with a learning disability to live in.		02035353431	Kay Dutton Charlotte Baker	Kay.Dutton@mencap.org.uk baker.charlotte@mencap.org.uk Gail.Maclachlan-Gray@mencap.org.uk
47	Royal Mencap Society	Rushcliffe	Cricketers Court Café (café)	Fox Road, West Bridgford NG2 6AJ	18+	We're passionate about changing the UK for everyone with a learning disability. We're here to support people with a learning disability, their families and their carers. We fight for a kinder, fairer and more inclusive society for people with a learning disability to live in.		02035353535	Kay Dutton Charlotte Baker	Kay.Dutton@mencap.org.uk baker.charlotte@mencap.org.uk Gail.Maclachlan-Gray@mencap.org.uk
48	Royal Mencap Society	Rushcliffe	All Hallows Church hall (drama)	Pierpont Road, West Bridgford. NG2 5BP	18+	We're passionate about changing the UK for everyone with a learning disability. We're here to support people with a learning disability, their families and their carers. We fight for a kinder, fairer and more inclusive society for people with a learning disability to live in.		07579778705	Kay Dutton Charlotte Baker	Kay.Dutton@mencap.org.uk baker.charlotte@mencap.org.uk Gail.Maclachlan-Gray@mencap.org.uk
49	Royal Mencap Society	Rushcliffe	Gardens Project	Emmanual School, Wilford. Nottingham. NG2 7YE	18+	We're passionate about changing the UK for everyone with a learning disability. We're here to support people with a learning disability, their families and their carers. We fight for a kinder, fairer and more inclusive society for people with a learning disability to live in.		07966740968	Kay Dutton Charlotte Baker	Kay.Dutton@mencap.org.uk baker.charlotte@mencap.org.uk Gail.Maclachlan-Gray@mencap.org.uk

50	Royal Mencap Society	Rushcliffe	Arkwright Gardens (Community access project)	Kirkby Gardens, Nottingham. NG2 2HZ	18+	We're passionate about changing the UK for everyone with a learning disability. We're here to support people with a learning disability, their families and their carers. We fight for a kinder, fairer and more inclusive society for people with a learning disability to live in.		07966740968	Kay Dutton Charlotte Baker	Kay.Dutton@mencap.org.uk baker.charlotte@mencap.org.uk Gail.Maclachlan-Gray@mencap.org.uk
51	Ruby Care Services	TBC	TBC	85 Lethe Grove, Colchester, Essex, CO2 8RQ	16+	At Ruby Care Services we aim to provide social engagement, promote mental and physical health, and help individuals develop life skills. Some of the common activities offered include: Arts and Crafts: Painting, drawing, pottery, and other creative activities that help individuals express themselves. Music Therapy: Participating in musical sessions, singing, or learning to play simple instruments. Drama and Dance: Engaging in performances or dancing to boost confidence and communication skills. IT Skills: Learning to use computers, tablets, and smartphones for communication or leisure. Job Coaching and Work Experience: Support in finding and participating in volunteer roles or supported employment opportunities. Counselling and Mental Health Support: Providing emotional support and encouraging self-esteem and mental well-being.	https://rubycareservices.co.uk/	07729425199 Admin: 02039118260	Ola Adebogun	ola.adebogun@rubycareservices.co.uk info@rubycareservcies.co.uk
52	Samary Care Limited	City	Sovereign House	Sovereign House - Bulwell High Rd, Bulwell, Nottingham NG6 8HX	18+	We will provide a wide range of activities and support for individuals with disabilities. We aim to develop independent living skills, social inclusion, and employability skills through a mix of structured programs and community engagement. Activities include group workshops for skill-building, social events, and tailored support for physical and mental well-being.	https://www.samarycare.com/	07837173754 02084437015	Samual Amoah	Samual Amoah (Day Service Manager) - Samuel.amoah@samarycare.com Maxwell Ado (Deputy Manager) – maxwellado@samarycare.com Reena Golightly (Field Supervisor) – reena.golightly@samarycare.com Richard Amakye (HR and admin) – Richard.amakye@samarycare.com
53	Samary Care Limited	Rushcliffe	Rushcliffe Arena	Rushcliffe Arena - Rugby Road, West Bridgford, Nottingham, Nottinghamshire, NG2 7HY	18+	Overview: At, Rushcliffe Arena we will focus on physical well-being and social inclusion through recreational activities in a supportive environment. Activities: Swimming, sports, group fitness classes, and social events that help improve physical health and encourage social connections.	https://www.samarycare.com/	07837173754 02084437015	Samual Amoah	Samual Amoah (Day Service Manager) - Samuel.amoah@samarycare.com Maxwell Ado (Deputy Manager) – maxwellado@samarycare.com Reena Golightly (Field Supervisor) – reena.golightly@samarycare.com Richard Amakye (HR and admin) – Richard.amakye@samarycare.com
54	Sam's Workplace	Rainworth Blidworth	Sam's Workplace	37 Preston Rd, Rainworth, Mansfield NG21 0BA	18+	Uniquely offering work experience placements to age 10 years plus in our work environments for those with learning disabilities. Here you can choose to take part in any of our work settings, be it community cafe, sweet shop, allotment, workshop, small animal care, independent living skills, social enterprise or office skills. We like to have fun and will incorporate games, sports, music and empowerment to all who attend.	https://www.samsworkplace.co.uk	01623 797240	Debbie College	samsworkplace@mail.com
55	Space Inclusive 1	Carrington	Space Inclusive - Carrington	20 Pelham Road, Carrington, Nottingham, NG5 1AP	18+	Space Inclusive is an East Midlands based support provider founded in 2010 for people who have a learning disability and autism. Individual support plans, exercise, outings, arts and crafts, cooking and life skills, transport, increasing skills for employment, skills for supported/independent living and social interaction.	https://www.spaceinclusive.co.uk/	07384 256579 0115 8370693 07809 432 166	Emma Wright (Day Services Manager) Mr David Bingham (Director)	david@spaceinclusive.co.uk nina@spaceinclusive.co.uk
56	Space Inclusive 2	Nottingham	Space Inclusive - Nottingham	Unit 4, 248 Radford Boulevard, Nottingham, NG7 5QG	18+	Space Inclusive is an East Midlands based support provider founded in 2010 for people who have a learning disability and autism. Individual support plans, exercise, outings, arts and crafts, cooking and life skills, transport, increasing skills for employment, skills for supported/independent living and social interaction.	https://www.spaceinclusive.co.uk/	07384 256579 0115 8370693 07809 432 166	Emma Wright (Day Services Manager) Mr David Bingham (Director)Mr David Bingham	david@spaceinclusive.co.uk nina@spaceinclusive.co.uk
57	Space Inclusive 3	Mansfield	Space Inclusive - Mansfield	13 Grove Street, Mansfield Woodhouse, Nottinghamshire, NG19 8BU	18+	Space Inclusive is an East Midlands based support provider founded in 2010 for people who have a learning disability and autism. Individual support plans, exercise, outings, arts and crafts, cooking and life skills, transport, increasing skills for employment, skills for supported/independent living and social interaction.	https://www.spaceinclusive.co.uk/	07384 256579 0115 8370693 07809 432 166	Emma Wright (Day Services Manager) Mr David Bingham (Director)	david@spaceinclusive.co.uk nina@spaceinclusive.co.uk
58	Space Inclusive 4	Arnold	Space Inclusive - Arnold	2a Cross Street, Arnold, Nottinghamshire, NG5 7BL	18+	Space Inclusive is an East Midlands based support provider founded in 2010 for people who have a learning disability and autism. Individual support plans, exercise, outings, arts and crafts, cooking and life skills, transport, increasing skills for employment, skills for supported/independent living and social interaction.	https://www.spaceinclusive.co.uk/	07384 256579 0115 8370693 07809 432 166	Emma Wright (Day Services Manager) Mr David Bingham (Director)	david@spaceinclusive.co.uk nina@spaceinclusive.co.uk
59	The Adventure Service	Mansfield Top Valley Chesterfield	The Adventure Service-Mansfield Woodhouse	Park Rd Resource Centre, 53 Park rd, Mansfield Woodhouse, Mansfield NG19 8EG	18+	Welcome to The Adventure Service, where we champion accessibility and the great outdoors while nurturing personal growth for individuals with learning disabilities. With locations in Top Valley, Mansfield Woodhouse, and Chesterfield, we're dedicated to empowering individuals to reach their full potential through expert guidance and unwavering support. Our approach is unique, focusing on more than just the adventure itself. We believe in developing skills that transcend the outdoor experience, enriching your life in countless ways. Take, for example, our cooking sessions where you'll master the art of preparing and cooking a meal over an open fire. Not only does this provide practical skills for independent living, but it also fosters a sense of accomplishment and self-sufficiency. In addition to outdoor activities, our group volunteering initiatives offer valuable insights into teamwork and the dynamics of working life. Through these experiences, our Adventurers develop crucial social and communication skills that are applicable in various aspects of life. At The Adventure Service, each Adventurer benefits from personalized learning plans and person-centred planning. This ensures that goals are not only achievable but also tailored to individual aspirations, fostering a sense of ownership and motivation.	www.theadventureservice.com	01623 232102 07877263790	Helen Harris-Ellis Terry Harris-Ellis Amanda Clifton	amanda@theadventureservice.com
60	The Adventure Service	Nottingham City	The Adventure Service-Top Valley	Top Valley Community Centre, Top Valley way, Nottingham, NG5 9DD	18+	Welcome to The Adventure Service, where we champion accessibility and the great outdoors while nurturing personal growth for individuals with learning disabilities. With locations in Top Valley, Mansfield Woodhouse, and Chesterfield, we're dedicated to empowering individuals to reach their full potential through expert guidance and unwavering support. Our approach is unique, focusing on more than just the adventure itself. We believe in developing skills that transcend the outdoor experience, enriching your life in countless ways. Take, for example, our cooking sessions where you'll master the art of preparing and cooking a meal over an open fire. Not only does this provide practical skills for independent living, but it also fosters a sense of accomplishment and self-sufficiency. In addition to outdoor activities, our group volunteering initiatives offer valuable insights into teamwork and the dynamics of working life. Through these experiences, our Adventurers develop crucial social and communication skills that are applicable in various aspects of life. At The Adventure Service, each Adventurer benefits from personalized learning plans and person-centred planning. This ensures that goals are not only achievable but also tailored to individual aspirations, fostering a sense of ownership and motivation.		0115 8371616 07544 084883	April Ulyatt	april@theadventureservice.com
61	The Adventure Service	Chesterfield	Chesterfield Service	St. Thomas' Church, Brampton, Chesterfield, S40 3AW	18+	Welcome to The Adventure Service, where we champion accessibility and the great outdoors while nurturing personal growth for individuals with learning disabilities. With locations in Top Valley, Mansfield Woodhouse, and Chesterfield, we're dedicated to empowering individuals to reach their full potential through expert guidance and unwavering support. Our approach is unique, focusing on more than just the adventure itself. We believe in developing skills that transcend the outdoor experience, enriching your life in countless ways. Take, for example, our cooking sessions where you'll master the art of preparing and cooking a meal over an open fire. Not only does this provide practical skills for independent living, but it also fosters a sense of accomplishment and self-sufficiency. In addition to outdoor activities, our group volunteering initiatives offer valuable insights into teamwork and the dynamics of working life. Through these experiences, our Adventurers develop crucial social and communication skills that are applicable in various aspects of life. At The Adventure Service, each Adventurer benefits from personalized learning plans and person-centred planning. This ensures that goals are not only achievable but also tailored to individual aspirations, fostering a sense of ownership and motivation.		077877 269572	Harry Sargent	harry@theadventureservice.com
62	Vanclaron CIC	City	Vanclaron CIC	147-149 Alfreton road (Boden Street) Nottingham, NG7 3JL	18+	Mental health workshops and health education and wellbeing workshops, art-full wellbeing, personalised care and cultural activities	https://vanclaronchats.co.uk	0115 784 9407 07354716602	Madeleine Leather	stephanie.boateng@vanclaron.co.uk info@vanclaron.co.uk