

| WEEK 3                                                                                              |  MONDAY                                 | TUESDAY                                                                                                                  | WEDNESDAY                                                                                                   | THURSDAY                                  | FRIDAY                                                                                                               |
|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| MAIN DISH                                                                                           |  Quorn™ tikka masala with 50/50 rice    | Chicken tagine served with cous cous                                                                                     | Roast gammon with creamy mash potato & gravy                                                                | Spaghetti Bolognese                       | Crispy battered fish & chunky chips                                                                                  |
| VEGETARIAN MAIN DISH                                                                                |  BBQ bean & cheese wrap with 50/50 rice |  Vegan sausage & mash potato with gravy | Cheese & onion pie served with new potatoes                                                                 | Pizza naan with baked potato wedges       |  Quorn™ nuggets with chunky chips |
| ACCOMPANIMENTS<br> | Carrots & green beans<br>.....<br>Salad bar                                                                              | Sweetcorn & broccoli<br>.....<br>Salad bar                                                                               | Carrots & cauliflower<br>.....<br>Salad bar                                                                 | Seasonal vegetables<br>.....<br>Salad bar | Peas & baked beans<br>.....<br>Salad bar                                                                             |
| DESSERTS                                                                                            | Jam & coconut sponge                                                                                                     |  Fruit sponge & custard                 |  Apple crumble & custard | Ice cream                                 | Chocolate brownie & custard                                                                                          |
| FRESH FRUIT OR YOGHURT                                                                              | Fresh fruit or Yoghurt                                                                                                   | Fresh fruit or Yoghurt                                                                                                   | Fresh fruit or Yoghurt                                                                                      | Fresh fruit or Yoghurt                    | Fresh fruit or Yoghurt                                                                                               |
| JACKET POTATO AND SANDWICH SELECTION                                                                | Jacket potato and sandwich selection                                                                                     | Jacket potato and sandwich selection                                                                                     | Jacket potato and sandwich selection                                                                        | Jacket potato and sandwich selection      | Jacket potato and sandwich selection                                                                                 |



# MENU

Fuel your afternoon with a healthy school lunch from Mellors

KEY



- 1 OF YOUR 5 A DAY



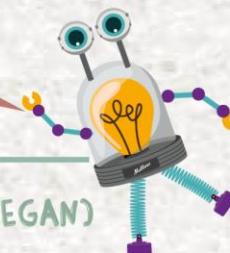
- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)



**\*Allergens and intolerances\*** All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.