

**Headteachers message to families - Summer 2 / Friday 26<sup>th</sup> June 2026**  
**Belong, Engage, Enjoy!**

It has obviously been a very hot week, and I would like to thank our staff and pupils for all they have done to manage the conditions so positively. A few water pistols have brought some welcome fun and refreshment, while staff have worked hard to keep everyone as cool as possible; although the building has remained manageable, we took the decision to cancel some outdoor events, which we hope to rearrange soon. Looking ahead, it may be that we need to consider investing in air conditioning across the site - a conversation I am sure many schools will also be having.

**Meet our new teachers - Rachel and Jessica:**

We are excited to welcome Jessica and Rachel to the school in September. They have already visited us several times this half term, giving pupils and staff the opportunity to begin getting to know them. I have also asked them a few questions so that you can get to know them too - please see their responses at the end of the message.

**INSET Day - Friday 3rd July:**





















A reminder that next Friday, 3rd July, is an INSET day. School will be closed to pupils on this day.

**Celebrating Pride:**

This afternoon, we will be celebrating Pride in school. Pupils will take part in a parade at 2:15pm, followed by an assembly where we will explore what the letters in LGBTQIA+ mean and share photographs of the learning that has taken place across the school. Classes will be wearing their allocated colours, and we are looking forward to a positive and celebratory afternoon together.

**Rights Respecting School - Child Friendly Policies:**

This week, our Rights Respecting School Council has created child-friendly versions of our Positive Relationships and Safeguarding Policies. These are designed to help pupils understand the key messages in a clear and accessible way, and you can view them below.

 <p>Fountaindale Safeguarding Policy</p>	 <p>Fountaindale Positive Relationships Policy</p>
 <p>What do we want?</p>	 <p>Our aims for children:</p>
 <p>Children to be safe</p>	 <p>Feel safe   Feel valued   Be respected</p>
 <p>Children to be listened to and taken seriously.</p>	 <p>Respect themselves and others</p>
 <p>Children to be treated with dignity</p>	 <p>Learn new skills   Learn how to manage their emotions</p>
 <p>Staff who feel confident with their roles.</p>	 <p>Our aims for staff:</p>
 <p>How can we do it?</p>	 <p>Our aims for staff:</p>
 <p>We ensure all duty bearers know that keeping children safe is everyone's responsibility.</p>	 <p>Be calm   Be friendly   Listen</p>
 <p>All staff are trained to keep children safe</p>	 <p>Praise good behaviour</p>
 <p>Staff and children know who to tell if they are worried about someone's safety.</p>	 <p>Treat everyone as individuals.   Help children when they are upset, angry or scared.   Know the children they work with well.</p>

### Non-Uniform Day - Friday 10th July:

As part of our work on the Global Goal of Zero Hunger, we will be holding a non-uniform day on Friday 10th July to raise money for Mary's Meals. This charity provides nutritious school meals for children living in some of the world's poorest communities. If you would like to make a donation, we kindly ask that pupils bring £1 to school on the day. For further information about the charity, please visit the Mary's Meals website.



### Sports Day and Summer Fayre:

Reminder regarding our upcoming Sports Days and Summer Fayres. Please see the information below for dates and details of these events. We would also be very grateful for any donations to support our Summer Fayres. Any contributions, no matter how small, will help us make these events enjoyable and successful for all of our pupils and families. Thank you in advance for your continued support.



- Wednesday 1st July (12:30pm arrival) for Butterflies, Robins, Foxes, Rabbits and Hedgehogs
- Thursday 2nd July (12:30pm arrival) for Moles, Woodpeckers, Post-16 Owls and Squirrels.

## Weekly Safeguarding Update: Keeping Safe in Hot Weather

Hot weather can present a number of safeguarding and wellbeing considerations for children and young people. The main risks are dehydration, overheating and heat exhaustion, particularly during physical activity or prolonged time in direct sunlight.

Signs to look out for (heat-related illness):

- Headache or dizziness
- Excessive tiredness or lethargy
- Nausea or vomiting
- Flushed or pale skin
- Excessive sweating or, in some cases, lack of sweating
- Confusion or irritability
- Muscle cramps

Prevention measures:

- Encourage regular water intake throughout the day
- Ensure access to drinking water at all times
- Promote wearing lightweight, loose-fitting clothing
- Use hats and sun protection when outdoors
- Limit strenuous activity during the hottest parts of the day
- Provide access to shaded or cooler indoor areas

Actions if concerns arise:

- Move the child to a cool, shaded or ventilated area immediately
- Encourage small sips of water
- Remove excess clothing if appropriate
- Apply cool compresses where possible
- Monitor closely for any deterioration
- Seek medical advice or emergency support if symptoms are severe or do not improve quickly

Where children have additional medical needs or are more vulnerable to heat, individual risk should be considered and appropriate adjustments made.

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Have a great weekend!

*B Norman*

**Headteacher**

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## Fountaindale School: Getting to know our new teacher...



**Name:** Jessica Langston  
**Joining Fountaindale:** September 2026



### **Who is your favourite superhero (or fictional character) and why?**

- Katniss Everdeen from The Hunger Games. In school my English teacher lent me the books and they reignited my love of reading for pleasure. What I admire most is that she is fiercely independent, deeply compassionate and resilient. Her story shows that ordinary people can achieve extraordinary things.

### **What is your favourite film or TV show, and what makes it stand out for you?**

- How to Train Your Dragon. I watched the first film when I was 7, and then saw the third film when I was 16. It felt as though I grew up alongside the characters, which gives the series a special place in my heart. More importantly, though, there are dragons and dragons are cool.

### **What was your favourite subject at school when you were a pupil?**

- English was my favourite subject at school. It wasn't a subject that came naturally to me but with hard work and perseverance it became a strength. That journey made it especially rewarding, as I learned the value of dedication, stepping out of your comfort zone and continuous improvement.

### **If you could have any job for a day (not teaching), what would you choose?**

- I would love to work in a bookshop. Sharing my love of reading is one of my favourite things so spending my time recommending books and helping people find their next great read would be a lot of fun. An added bonus would also be the staff discount as I will admit, my book buying has become a bit of a problem...

### **What's your go-to comfort food or treat after a long day?**

- My go-to comfort food after a long day is a cheese pizza, especially when it has a stuffed crust. I'm not much of a cook, so it's also one of the few meals I can reliably make for myself. I always have one in my freezer for emergencies.

### **What's your favourite way to spend a weekend?**

- I love to spend my weekends outdoors. Anything active, whether it's a hike, bike ride, run, walk or sitting in nature, being outside always improves my mood. It reminds me of how strong I am, both mentally and physically. After an active day I like to wind down with a cosy evening playing games like Minecraft. I'll admit I am not very skilled at fighting zombies, but I enjoy building and finding pets.

**Belong, Engage, Enjoy!**

# Fountaindale School: Getting to know our new teacher...



**Name:** Rachel Makepeace  
**Joining Fountaindale:** September 2026

**Who is your favourite superhero (or fictional character) and why?**

- Jessie from Toy Story because she has a positive attitude and she's a good friend.

**What is your favourite film or TV show, and what makes it stand out for you?**

- How to Train Your Dragon because Hiccup keeps trying to help Toothless and the other dragons.

**What was your favourite subject at school when you were a pupil?**

- English because I liked to write stories and draw pictures to go with them.

**If you could have any job for a day (not teaching), what would you choose?**

- I would be a travel advisor because I would be able to visit lots of different countries.

**What's your go-to comfort food or treat after a long day?**

- I like to have a drink of hot chocolate because I'm always cold.

**What's your favourite way to spend a weekend?**

- Dog walks with my cockapoo, watching ice hockey and seeing my family/friends.

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