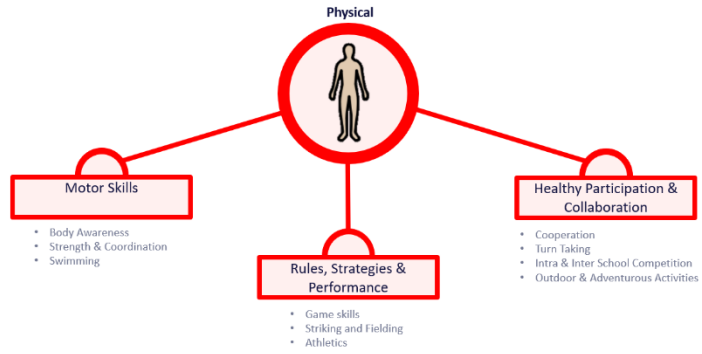


The Physical Intent:

Our intent is that all learners, regardless of background or ability, will develop a positive attitude to keeping fit and remaining healthy which will continue throughout life. That all exercise and physical activity, develops physical well-being, positive mental attitudes and optimum health.



Furthermore, we have established a curriculum that will instil a love of physical activity, focusing on motor skills, building towards an understanding of rules, strategy and performance, promoting healthy participation and collaboration. These are transferable skills that can be used throughout the rest of their life.

Our aim is for ALL learners to achieve their full potential. A secure basis in physical development will give our learners the tools they need to participate positively as a member of society.

It is important to recognise that physical development does not always track cognitive development on which our pathways are modelled. Therefore, the motor skills and higher levels of substantive knowledge are not necessarily in line with each other. Personalisation is therefore necessary for all.

What does Physical look like on the:	
EYFS Pathway	Physical activity is vital in Early Years learners' all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a learner's strength, co-ordination and positional awareness through play movement with both objects, peers and adults.
Pre-Formal Pathway	Learners on the Pre-Formal pathway will develop basic gross and fine motor skills, ensuring that supportive therapy input is present when appropriate. Learners will be immersed in non-sport specific physical activity, during which learners begin to develop multi-sport skills such as spatial awareness and an awareness of others, coordination, balance, controlled movement, strength, speed and stamina.
Semi-Formal Pathway	Within the Semi-Formal pathway, learners will develop their turn taking skills alongside their ability to co-operation and develop their team work skills, in order to achieve maximum success. They will learn simple games rules and implement them accordingly. In addition, where appropriate, they will develop early multi skill acquisition including, sending, receiving, and travelling skills.
Formal Pathway	Formal learners will apply skills learned through participating in team games and ensuring rules are known and applied. They will use strategies that will ensure optimum performance and success is achieved. They will evaluate their performances and opportunities will be given to participate in inter and intra school competition.
Post 16 Pathway	Skills, knowledge and experiences across the area of physical development link to accreditation and elements of both careers and enterprise as well as independent and supported living skills. Sports Leaders to be trained in school and deliver sessions to others across school and the trust. Learners will develop optimal physical and emotion health and well-being and continue a passion for physical development and activity out in the community, for leisure and competitive purposes.