

Life Beyond Fountaindale Transitions Directory



Life Beyond Fountainsdale..... Don't Panic!

As your child progresses through school and towards adulthood it's likely you will feel a mixture of emotions and may feel like there are lots of uncertainties, worries and questions to ask.

Here is a little guide with information and sign posts to resources that can help you!

What you can expect from Fountainsdale:

At Fountainsdale we will support your child at a level that is suitable for them with their transitions towards life beyond Fountainsdale when they leave at 16 or 18 years.

Throughout their time with us we integrate independence skills into the curriculum to support them whichever path they take when they leave us.

We build in opportunities to experience the world of work at all levels of our curriculum in a variety of ways such as role play, off-site visits, work experience and enterprise projects.

We arrange visits and taster days to local colleges and educational settings.

We are here to support both you and your child with the process of transition through annual review meetings, parents evenings and as and when necessary!

What you can do to support your child:

For some of our pupils planning their life beyond Fountainsdale will be a process that they have a lot of support and input with from you– their parents/carers.

For others there will be a need for more independence in the choices they make for themselves with guidance from parents /carers.

As parents /carers you know your child better than anybody and you will know what kind of support or guidance is necessary for them.

In which ever way your child communicates to you, take time to listen and take their cues as to what they would like to do and where they would like to go in the future. Think about their likes and dislikes, their strengths and areas of need as you match a course, place of work or educational setting to them.

Timeline for key transitional events:

Year 8– age 12/13

- Start to think about what you would like to do when you leave Fountaindale.
- Research places you may like to go to for education or employment.
- Research accreditations you may need for further education courses.

Year 9– age 13/14

- Discuss transitions at Annual Review meeting.
- Careers advice offered in school.

Year 10– age 14/15

- Add transitions information to Person Centered plan (pupil contribution to EHC)

Year 11– age 15/16

- Look at the SEND Local Offer on Notts Help Yourself website.
www.nottshelpyourself.org.uk

Year 12– age 16/17

- Plan what you will do when you leave school.
- Visit colleges and education providers.

Year 13– age 17/18

- Apply for college place and transport
- Action plan for what you will do when you leave school– this will take place at Annual review meeting.
- Referral is made to the Countywide transitions team where appropriate
- Adult services will need to agree the plan so that support is in place.

How can I find out what placements there are?

Each local authority is responsible for providing information about what is available through their 'local offer'. For further information, please visit:

Nottinghamshire	www.nottshelpyourself.org.uk
Derbyshire	www.localoffer.derbyshire.gov.uk
Derby	www.derby.gov.uk/education-and-learning/special-education-needs-disabilities
Nottingham	www.asklion.co.uk/kb5/nottingham/directory/localoffer.page?directorychannel=7

Other places you can find information and support:

Ask Us Nottinghamshire provide advice and support with transitions: www.askusnotts.org.uk

Nottinghamshire SEND Local Offer can be found on Notts Help yourself website. This is a great resource for Health, Education, Transport, Independence, Short breaks and things to do in the community.

My Future Choices Magazine– free online magazine: www.councilfordisabledchildren.org.uk

What information can I gather before I visit a placement?

Providers will offer open days and would be available to speak to at Careers Fairs and Transitions events.

You could look on the placement's website or ask each placement to send you one or more of these documents before you go to visit:

- their current prospectus or brochure
- policies such as their Behaviour Policy or Equal Opportunities Policy
- any OFSTED reports

Reading through the written information will give you an idea of what the placement is like and help you to identify particular areas you might want to ask about. You should use all of this information to help you decide which placements would best suit your child.

Visiting a placement:

Once you have a shortlist of possible placements, contact the placement and make an appointment to have a look around.

You may want to take your child with you on the first visit or may decide it is better to take your child at a later date. You might want to take someone else with you such as a friend or relative. They can help in discussing your impressions afterwards and may notice things which you have missed.

It is a good idea to take a copy of your child's EHCP or some other summary of your child's needs to help the placement staff in talking to you about how they could help your child.

Before you visit, make a list of all the questions you want to ask. You could use some of those at the back of this booklet and add some of your own. Be prepared to ask placements some straight questions about what they would be able to provide for your child.

Things to look for:

- On your first contact with the placement and during the visit do you feel welcomed?
- Do the young people look busy and happy?
- Do the rooms look bright and pleasant?
- Does the placement look orderly and cared for and a safe place for your child?
- Is everywhere accessible to your child?
- Do the staff seem interested in you and your child and in answering your questions?
- Would you like your child to spend his or her days there?
- If your child goes with you to visit the placement, how does he or she feel about being there?

After the visit

You need to come away feeling that your child would fit in to the placement and that they would be happy there.

Ideally, parents should be treated as partners in a team working together with the professionals in the placement for the good of your child. Your views and involvement should be equally valued. Did you come away with that impression?

It is important to keep an open mind and consider several possibilities when trying to decide on a placement. Talk to people who know you and your child before you make up your mind. Professionals cannot make your decision for you and may not be sufficiently familiar with all the provision available to be able to give you the most complete advice.

There are advantages and disadvantages to most arrangements. There may not be an 'ideal' placement but there will be a 'best' one.

Examples of questions you might want to ask

Your questions	The placement's answers
How many young people would be in a group?	
What is the ratio of staff to young people?	
What equipment and resources are available?	
Will my child be able to access Physiotherapy, Occupational Therapy and/or Speech and Language therapy at this placement?	
Who will be responsible for meeting my child's specific health needs?	
What menu choices are available for my child?	
How often will my child go outdoors/on trips out?	
How are incidences of bullying handled?	
How is progress recorded and assessed?	
What happens if placement staff feel my child is not making progress?	
What would happen if I have any concerns?	
If there are tests/exams, are there special arrangements for these?	

How would I be kept up to date about what is happening at this placement and my child's progress?	
How are parents involved in the placement?	
What activities will my child be able to access?	
What arrangements are usually made for transport to and from this placement?	
How would you get to know my child before they start at your placement?	
How would my child get to know your placement, especially in the first few days after starting?	
Are all areas of the placement accessible to my child, or would adaptations be necessary?	
How do I make an application to this placement?	
Is there a charge for this placement?	
How long can my child stay at this placement?	

Day College Provision	Contact Details
<p>Arthur Mee Centre Part of Nottingham College - physical and learning disabilities.</p>	<p>Church Street, Stapleford. NG9 8GA Tel: 0115 884 2444 www.nottinghamcollege.ac.uk</p>
<p>Brooksby Melton College Level 1 hands on vocational courses.</p>	<p>Asfordby Road, Melton Mowbray, Leicestershire, LE13 0HJ Tel: 01664 850 850 www.brooksbymelton.ac.uk</p>
<p>Communication Specialist College Doncaster Communication specialist offering a range of courses for all academic abilities</p>	<p>Leger Way. Doncaster DN2 6AY Te: 01302 386700 https://www.deaf-trust.co.uk</p>
<p>Confetti Institute of Creative Technologies Offer courses at varying levels to suit a range of academic abilities.</p>	<p>Convent Street Nottingham, NG1 3LL Telephone: 0115 952 2075 Email: hello@confetti.ac.uk www.confetti.ac.uk</p>
<p>Derby College Offer courses at varying levels to suit a range of academic abilities at various locations.</p>	<p>Roundhouse Road, Derby DE24 8JE Tel: 0800 028 0289 www.derby-college.ac.uk</p>
<p>Grantham College Independent Living and Skills for Work at Entry Levels 1 to 3. Some Level 1 vocational courses.</p>	<p>Stonebridge Road, Grantham NG31 9AP Tel: 01476 400 200 www.grantham.ac.uk</p>

<p>Homefield College Small independent Specialist College, ASD. Day, residential and respite</p>	<p>42 St Mary's Road, Sileby, Leicestershire, LE12 7TL Tel: 01509 814 827 www.homefieldcollege.ac.uk</p>
<p>Newark College Independence and vocational skills at Entry Level and Level 1.</p>	<p>Friary Road, Newark, Nottinghamshire, NG24 1PB Tel: 01636 680 680 www.newark.ac.uk</p>
<p>Nottingham College Range of courses for SEN students.</p>	<p>Maid Marian Way, Nottingham, NG1 6AB Tel: 0115 9100 100 www.nottinghamcollege.ac.uk</p>
<p>North Notts College Offer courses at varying levels to suit a range of academic abilities.</p>	<p>Carlton Road, Worksop Nottinghamshire, S81 7HP Tel: 01909 504 500 www.nnc.ac.uk</p>
<p>Portland College Educational and vocational training courses for a wide range of disabilities, in- cluding ASD.</p>	<p>Nottingham Road, Mansfield, NG18 4TJ Tel: 01623 499 111 www.portland.ac.uk</p>
<p>RNIB College, Loughborough Small college offering a Moving Towards Independence course for a wide range of disabilities.</p>	<p>Radmoor Road, Loughborough Leicestershire, LE11 3BS Tel: 01509 611 077 www.rnibcollege.ac.uk</p>
<p>Vision West Nottinghamshire College Offer courses at varying levels to suit a range of academic abilities.</p>	<p>Derby Road, Mansfield, NG18 5BH Telephone: 0808 100 3626 Email: enquiries@wnc.ac.uk www.wnc.ac.uk</p>

Day Service Provision	Contact Details
<p>The Adventure Service Work with those with learning disabilities. Offer a day service, adult short breaks, education provision and adventure package experience.</p>	<p>53 Park Road, Mansfield Woodhouse, Mansfield, NG19 8ER or Top Valley Community Centre, Nottingham Tel: 07803 909 427 www.theadventureservice.com</p>
<p>Ambito Care East Midlands Day Opportunities provides a day service to disabled adults based on their needs and wishes.</p>	<p>The Vines, 315 Westdale Lane, Mapperley, Nottingham, NG3 6EW Tel: 0115 9606 038 www.ambitocare.co.uk/service-locations/east-midlands-day-service</p>
<p>APTCOO A disability charity working with disabled people and their families.</p>	<p>Unit 15 Botany Commercial Park, Botany Avenue, Mansfield NG18 5NF www.aptcoo.co.uk Tel: 01623 629 902</p>
<p>Autism East Midlands Specialist Autism charity who advocate & provide high-quality services, information and support for ASD.</p>	<p>Centres across Nottinghamshire. Tel: 01909 506 678 www.autismeastmidlands.org.uk</p>
<p>Barncroft Centre Nottinghamshire County Council run day service provision for adults with SEN.</p>	<p>Sunnyside Road, Beeston, Nottingham, NG9 4FR Tel: 0115 925 0172 www.nottinghamshire.gov.uk</p>
<p>Brooke Farm Employment and training for people with learning disabilities. A wide range of opportunities to improve life and social skills, as well as being trained in practical horticultural subjects.</p>	<p>Main Street, Brook Farm, Linby, NG15 8AE Tel: 0115 963 2638 www.nottsc.gov.uk</p>

<p>Chesterfield Community Care Farm</p> <p>An activity centre for adults with learning or other disabilities, with support provided by personal carers or qualified support workers.</p>	<p>Mill Cottage, Pilsey Road, Lower Pilsley, Chesterfield, Derbyshire, S45 8DL</p> <p>www.chesterfieldcommunitycarefarm.co.uk</p> <p>info@chesterfieldcommunitycarefarm.co.uk</p> <p>Tel: 01246 492 859</p>
<p>Every Sensation</p> <p>PMLD including those with complex needs & severe physical & learning disabilities.</p>	<p>Kingsmill Road West, Sutton in Ashfield, NG17 1JS</p> <p>Tel: 01623 557 560</p> <p>www.everysensation.co.uk</p>
<p>Fair Play</p> <p>Opportunities for young people to socialise, take part in a wide range of activities and develop independence and life skills.</p>	<p>Alexandra Road West, Chesterfield S40 1NP</p> <p>Tel: 01246 203963</p> <p>www.fair-play.co.uk</p>
<p>Manor Care Farm</p> <p>Support people with Learning Disabilities to access this small family working farm and the surrounding local countryside.</p>	<p>Breadsall, Derby.</p> <p>Tel: 01332 830238</p> <p>www.manorcarefarm.co.uk</p>
<p>Mencap Nottingham</p> <p>Charity organisation for people with a learning disability or difficulty.</p>	<p>Harpenden House, 203 Edwards Lane Sherwood, Nottingham, NG5 3JA</p> <p>Tel: 0115 920 9524</p> <p>www.nottinghammencap.org.uk</p>
<p>Nottinghamshire County Council</p> <p>Day services across Nottinghamshire.</p>	<p>Nottinghamshire County Council Customer Services Centre</p> <p>Phone: 0300 500 80 80</p> <p>Email: enquiries@nottscc.gov.uk</p> <p>www.nottinghamshire.gov.uk</p>
<p>Open Wings</p> <p>A small, unique, bespoke and person centred service established so that adults with learning difficulties can access learning and activities in a small and calm, safe, friendly and supportive environment.</p>	<p>Sherwood Community Centre, Mansfield Road, Sherwood, Nottingham, NG5 3FN</p> <p>www.openwingsadultlearning.co.uk</p> <p>info@openwingsadultlearning.co.uk</p> <p>Telephone Anna: 0782 826 8487 Telephone Maria: 0782 558 0391</p>
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<p>Pulp Friction</p> <p>Pulp Friction supports adults with learning disabilities to develop their work, social and independence skills.</p>	<p>Head office: 4 St Michael's Square Bramcote, Nottingham, NG9 3HG https://www.pulpfrictioncic.org.uk/ Tel: 07794 676398</p>
<p>Reach</p> <p>Reach support adults with learning disabilities in Newark, Southwell and Mansfield and at Flowerpod (Southwell).</p>	<p>Newark – 01636 671939 Southwell – 01636 819066 Mansfield – 01623 232748 Flowerpod – 01636 918271 www.reachuk.org www.flowerpod.org</p>
<p>Sam's Workplace</p> <p>Work experience placements for adults with a learning disability including café, sweet shop, allotment, workshop, animal care and independent living skills.</p>	<p>37 Preston Road, Rainworth, NG21 0BA Tel: 01623 797240 Email: samsworkplace@mail.com www.samsworkplace.co.uk</p>
<p>Space Inclusive.</p> <p>Social Enterprise for those with learning disabilities and learning difficulties.</p>	<p>20 Pelham Road, Nottingham, NG5 1AP (also Sherwood and Mansfield Woodhouse) Tel: 0115 837 0693 www.spaceinclusive.co.uk</p>
<p>Summerwood Day Services</p> <p>Provides support to people with physical, sensory & learning disabilities.</p>	<p>Summerwood Lane, Clifton, Nottingham NG11 9DR Tel: 0115 915 7985 www.nottingham.gov.uk/summerwood</p>
<p>Thera East Midlands</p> <p>Supports adults with a learning disability to live the life they choose.</p>	<p>The West House, Alpha Court, Swingbridge Road, Grantham, Lincolnshire, NG31 7XT Tel: 0300 303 1282 www.thera.co.uk/thera-east-midlands</p>

Residential College Provision	Contact Details
<p>Hereward College National college for young people aged 16-25 which offers specialist facilities for both residential and day learners with complex disabilities and learning difficulties.</p>	<p>Bramston Crescent, Tile Hill, Coventry, CV4 9SW Tel: 0247 646 1231 www.hereward.ac.uk</p>
<p>Homefield, Sileby, Leicestershire A small independent Specialist College (and charity) for individuals with a range of learning difficulties, especially ASD.</p>	<p>42 St Mary's Road, Sileby, Loughborough, Leicestershire, LE12 7TL Tel: 01509 814827 www.homefieldcollege.ac.uk</p>
<p>National Star College, Cheltenham Provides personalised learning, transition and destination services to people with disabilities.</p>	<p>Ullenwood, Cheltenham Gloucestershire, GL53 9QU Tel: 01242 527 631 www.nationalstar.org</p>
<p>Portland College Residential unit attached to Portland College.</p>	<p>Nottingham Road, Mansfield, NG18 4TJ Tel: 01623 499 111 www.portland.ac.uk</p>
<p>Sea Shell Trust, Cheshire. Charity for young adults and children with complex learning disabilities and additional communication needs.</p>	<p>Stanley Road, Cheadle Hulme, Cheshire, SK8 6RQ Tel: 0161 610 0100 www.seashelltrust.org.uk/college</p>
<p>Weelsby/Linkage College, Grimsby Charity run provision of care, specialist further education and employment services for people with learning disabilities.</p>	<p>Linkage, Toynton Hall, Toynton All Saints, Spilsby, PE23 5AE Tel: 01790 752 499 www.linkage.org.uk/college</p>

Residential Setting Provision	Contact Details
<p>Home from Home Care, Lincolnshire Care home for Special Needs, Learning Disabilities, Autism, Epilepsy, Cerebral Palsy, PMLD, Complex Health and Mental Health.</p>	<p>The Old Hall Chapel Road, Lincoln LN3 4HD Tel: 01522 595 395 www.homefromhomecare.com</p>
<p>The Old Orchard, Lincolnshire Care home setting that caters for young adults with severe learning difficulties and challeng- ing behaviour.</p>	<p>Witham Valley Care Group, Village Farm, Newark Road, Norton Disney, Lincoln, LN6 9JS Tel: 01522 789 354 www.withamvalleycaregroup.co.uk</p>